

TARGET JIPMER MAY 2017 (Supplement)

Dr. T. Arun Babu is currently an Associate Professor in the Department of Pediatrics at Indra Gandhi Government Medical College and Research Institute (IGMC&RI), Puducherry. He completed his MBBS and MD Pediatrics from the prestigious JIPMER, Puducherry. He holds an MBA degree in Hospital Administration and a Diploma in Allergy and Asthma from CMC, Vellore. He did his fellowship in Neonatology from University of Calgary, Canada. He is an excellent teacher popular with his students and also takes PG entrance exam coaching classes. He has conducted numerous clinical studies and has published more than 120 research papers in various international and national journals. He has also edited 9 textbooks and contributed chapters in Pediatric textbooks. He serves as Pediatric Editor at 'Frontiers in Pediatrics', Austin Journal of Pediatrics, Webmedcentral journals and as peer reviewer in numerous Pediatric and Medical journals.

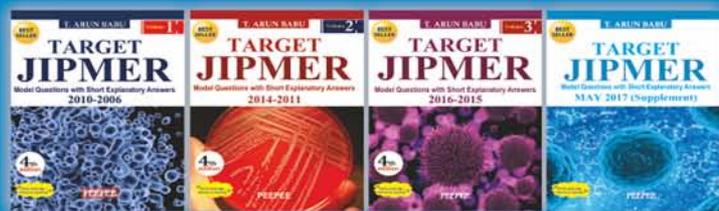


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ANATOMY

1. Fate of 6th aortic arch:

- Arch of aorta in between left common carotid artery and left subclavian artery
- Ductus arteriosus
- Right brachiocephalic
- Left subclavian artery

Explanation:

Aortic arch	Develops into
1st Aortic arch	Maxillary artery*
2nd Aortic arch	Hyoid artery* Stapedial artery*
3rd Aortic arch	Common carotid artery* Proximal part of internal carotid and external carotid artery
4th Aortic arch	Left side: Arch of aorta in between left common carotid artery and left subclavian artery Right side: Right subclavian artery
5th Aortic arch	Disappear completely
6th Aortic arch	Proximal part – Pulmonary artery* Distal part disappear on the right side but persist on the left side as ductus arteriosus*

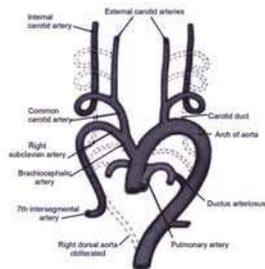


Fig: Development of aortic arches

Ans: (b) Ductus arteriosus

Ref: Langman's Medical Embryology, 9th Edition, Page 255–259

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2. Which of the following is the site of cerebellar input?

- Inferior olivary nuclei
- Vestibular nuclei
- Globose and emboliform nuclei
- Dentate nucleus

Explanation:

The Afferent Cerebellar Pathways

Pathway	Function	Origin	Destination
Corticopontocerebellar	Conveys control from cerebral cortex	Frontal, parietal, temporal, and occipital lobes (cerebral cortex)	Via pontine nuclei and mossy fibers to cerebellar cortex
Cerebro-olivocerebellar	Conveys control from cerebral cortex	Frontal, parietal, temporal, and occipital lobes (cerebral cortex)	Via inferior olivary nuclei and climbing fibers to cerebellar cortex
Cerebroreticulocerebellar	Conveys control from cerebral cortex	Sensorimotor areas (cerebral cortex)	Via reticular formation
Anterior spinocerebellar	Conveys information from muscles and joints	Muscle spindles, tendon organs, and joint receptors	Via mossy fibers to cerebellar cortex
Posterior spinocerebellar	Conveys information from muscles and joints	Muscle spindles, tendon organs, and joint receptors	Via mossy fibers to cerebellar cortex
Cuneocerebellar	Conveys information from muscles and joints of upper limb	Muscle spindles, tendon organs, and joint receptors (from upper limb)	Via mossy fibers to cerebellar cortex
Vestibular nerve	Conveys information of head position and movement	Utricule, saccule, and semi-circular canals	Via mossy fibers to cerebellar flocculonodular lobe
Other afferents	Conveys information from midbrain	Red nucleus, tectum	Cerebellar cortex

The Efferent Cerebellar Pathways

Pathway	Function	Origin	Destination
Globose-emboliform-rubral	Influences ipsilateral motor activity	Globose and emboliform nuclei	To contralateral red nucleus , then via crossed rubrospinal tract to ipsilateral motor neurons in spinal cord
Dentothalamic	Influences ipsilateral motor activity	Dentate nucleus	To contralateral ventrolateral nucleus of thalamus , then to contralateral motor cerebral cortex; corticospinal tract crosses midline and controls ipsilateral motor neurons in spinal cord
Fastigial vestibular	Influences ipsilateral extensor muscle tone	Fastigial nucleus	Mainly to ipsilateral and to contralateral lateral vestibular nuclei ; vestibulospinal tract to ipsilateral motor neurons in spinal cord
Fastigial reticular	Influences ipsilateral muscle tone	Fastigial nucleus	To neurons of reticular formation ; reticulospinal tract to ipsilateral motor neurons to spinal cord

Note: Each cerebellar hemisphere influences the voluntary muscle tone on the same side of the body

Ans: (a) Inferior olivary nuclei

Ref: Clinical Neuroanatomy, Richard S. Snell, 7th Edition, 2010, Page 237–243

3. Gross dissected specimen of hand is shown. Identify this structure in Black circle.

- Deep palmar arch
- Superficial palmar arch
- Radial artery
- Ulnar artery

Contd.

2 arch [Hyloid]	VII. Facial	Hyoid and stapedial	Facial expression (buccinators, Auricularis, Frontalis, Platysma, orbicularis oris, orbicularis oculi), posterior belly of digastric, stylohyoid and stapedius	Stapes, styloid process, stylohyoid ligament, lesser horn and upper portion of body of KIRLGERQH
3 arch	IX. Glossopharyngeal	Common carotid artery, proximal (1st part) of internal carotid artery and External carotid artery	Stylopharyngeus	Greater horn and lower portion of body of hyoid bone
4 arch	X. Vagus Superior laryngeal branch	Left side: Arch of aorta Right side: Right subclavian artery	Cricothyroid, levator veli palatini and constrictors muscles of pharynx	Thyroid cartilage, epiglottis and cuneiform cartilage
5 arch	Disappears			
6 arch	X. Vagus Recurrent laryngeal branch	Right and left pulmonary artery Left side: Distal part persist as ductus arteriosus	All intrinsic muscles of larynx except cricothyroid	Cricoid, arytenoid, corniculate, and tracheal cartilages

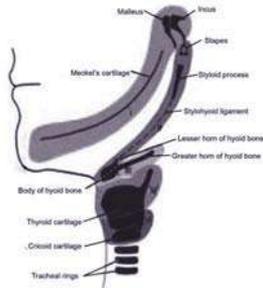


Fig: Mesodermal derivatives of the pharyngeal arches

Ans: (c) Cricoarytenoid

Ref: Langman's Medical Embryology, 9th Edition, Page 366-372

6. During surgery, which of the following anatomical landmark is closely associated with geniculate ganglion?

- (a) Pyramid
- (b) Short process of incus
- (c) Processes cochleariformis
- (d) Oval window

Explanation:

- The complex course of facial nerve through the middle ear is due to its development from **facioacoustic primordium** which gives rise to **VII and VIII nerves**.

- To reach the **second pharyngeal arch mesoderm** the main trunk of facial nerve courses through the middle ear.

Surgical landmark of facial nerve during middle ear and mastoid surgery

Processes cochleariformis	It demarcates the geniculate ganglion
Cog	It is a bony spur, projecting from the tegmen anterior to the head of malleus . It is the landmark for geniculate ganglion
Oval window	Facial nerve lies above the oval window niche
Lateral semicircular canal	Facial nerve lies below the lateral semicircular canal
Short process of incus	Facial nerve lies medial to the short process of incus at the level of aditus
Pyramid	Facial nerve runs behind the pyramid and post tympanic sulcus
Tympanomastoid suture	Vertical or the mastoid segment facial nerve runs behind this suture
Digastric ridge	Facial nerve leaves the mastoid at the anterior end of this ridge
Stylomastoid foramen	Facial nerve exits through this foramen

Surgical landmark of facial nerve during parotid surgery

Tragal point	Facial nerve located 1 cm deep and inferior to this point
Tympanomastoid suture	Facial nerve lies 6-8 mm deep to this suture
Styloid process	Facial nerve crosses lateral to styloid process
Posterior belly of digastric muscle	Facial nerve is situated between digastric groove and styloid process
Retromandibular vein	Facial nerve passes superficial to it

Ans: (c) Processes cochleariformis

Ref: Snapshots in Ear, Nose and Throat, Head and Neck Surgery, Santosh Kumar Swain, 1st Edition, 2016, Page 195 and 196

7. A patient presented with pustule over the dorsum of nose and upper lip. Which is the most direct route of spread of this infection to cavernous sinus?

- (a) Angular vein to ophthalmic vein to cavernous sinus
- (b) Dorsal nasal vein to maxillary vein to cavernous sinus
- (c) Facial vein to pterygoid plexus to cavernous sinus
- (d) Palatine vein to ophthalmic vein to cavernous sinus

Explanation:

- Dorsum of nose and upper lip is **dangerous area of face**; this area is drained by **facial vein** and its tributaries.

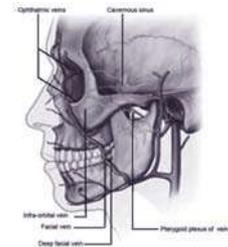


Fig: Communications of facial vein with the cavernous sinus

PHYSIOLOGY

1. Deglutitive inhibition:

- Wave of inhibition preceding peristalsis
- Inhibition occurs simultaneously with peristalsis
- Inhibition occurs after peristalsis
- Wave of stimulation preceding peristalsis

Explanation:

Deglutitive inhibition

- Definition:** A second swallow, initiated while an earlier peristaltic contraction is still progressing in the striated muscles of esophagus, causing rapid and complete inhibition of the contraction induced by the first swallow.
- It happens secondary to **hyperpolarization** of the circular smooth muscle
- It is mediated through **nonadrenergic, noncholinergic** neurons in the **myenteric plexus** (LQ*, WUDFW)

Deglutition

- It is the process of swallowing
- It refers to the passage of food from the oral cavity into the stomach.
- It comprises three stages namely:
 - Oral phase - voluntary.
 - Pharyngeal phase - involuntary.
 - Esophageal phase - involuntary.

Motility events in the esophagus

- During the esophageal phase, food bolus is pushed from esophagus to the stomach by peristalsis.
- Two types of sphincters are seen in esophagus namely:
 - Upper esophageal sphincter:**
 - Formed by the cricopharyngeal muscle
 - It is normally contracted tonically and opens only during swallowing
 - Upper esophageal sphincter:**
 - Also called as cardiac sphincter
 - Its main function is to prevent regurgitation of gastric contents into esophagus.

Ans: (b) Inhibition occurs simultaneously with peristalsis

Ref: Yamada's Textbook of Gastroenterology, 5th Edition, Page 194

2. PO₂ (in mm Hg) in skeletal muscle during exercise:

- (a) 3 (b) 10 (c) 20 (d) 30

Explanation:

- PO₂ (in mm Hg) in skeletal muscle during exercise can be as low as **1 to 3 mm Hg***. This is mainly due to the **compression of blood vessels** supplying the **muscle** during muscle contraction (WLRQ)
- Fortunately, **myoglobin** in the muscle acts as a reservoir for O₂ and enhances its diffusion during exercise.

Skeletal muscle blood flow during exercise:

- All rest, skeletal muscle receives blood flow of **2-4 mL/100g/min**. But during exercise the value increase by more than **20 times – 80 mL/100 g/min**.
- This increase is mainly because of:
 - Accumulation of **local metabolites** that causes vasodilation
 - Opening up of **new capillaries** during exercise

Redistribution of blood flow in the body

- Tremendous increases in skeletal muscle flow is made possible by **redistribution of blood flow**
- Sympathetic, nor adrenergic vasoconstriction** occurs in two important vascular beds:
 - Renal circulation***
 - Splenic blood flow***
- Vasoconstriction in Renal and Splanchnic system diverts their blood to the exercising muscle.
- Cutaneous blood flow increases** during sustained activities to **dissipate the heat** generated during exercise.
- Coronary blood flow increases** by more than **four times** than normal*.
- Cerebral blood flow** remains largely unchanged.

Ans: (a) 3 mm Hg

Ref: West Respiratory Physiology, 9th Edition, Page 91

3. A man weighing 70 kg has a hematocrit of 45%. What would be his approximate plasma volume?

- (a) 2310 ml (b) 2695 ml (c) 2890 ml (d) 3080 ml

Explanation:

- Average blood volume account for **8% of body weight**.
- So, here for 70 Kg man, Blood volume is **5.6 Litres (70 × 8/100)**.
- Blood Volume = Plasma volume/1-Hematocrit**.
- So, **Plasma volume = Blood volume × (1-hematocrit)**.
- Here, plasma volume = $5.6 \times (1-0.45) = 3080$ ml.

Total Body Water (60% of body weight), 42 Liters		
Intracellular fluid	Extracellular fluid	
2/3rd of TBW, LH weight (28 liters)	1/3rd of TBW, LH weight (14 liters)	
	Interstitial Fluid	Plasma
	75% or 3/4th of ECF or 15% of body weight (10.5 liters)	25% or 1/4th of ECF Or 5% of body weight (3.5 liters)

Ans: (d) 3080 ml

Ref: Ganong Review of Medical Physiology, 21st Edition, Page 2

4. A patient who underwent extensive bowel resection is on total parenteral nutrition (TPN) for 1 month. Endoscopy done after one month reveals diffuse gastric mucosal atrophy. Which enzyme deficiencies are most likely responsible for gastric mucosal atrophy in this patient?

- (a) Gastrin and Ghrelin (b) Secretin and CCK
(c) Gastrin and CCK (d) Gastrin and Secretin

Explanation:

Gastrin

- Produced by **G cells** in the **antral portion** of the gastric mucosa
- Three forms – **G 34, G 17 and G 14** gastrins
- G 17** is the principal form*
- Acts via **CCK-B receptor***.
- Stimuli** that increase gastrin secretion:
 - Peptides***
 - Amino acids** (Phenylalanine, tryptophan)
 - Gastric distension
 - Gastrin releasing peptide***.
 - Calcium.
 - Epinephrine.
- Stimuli** that decrease gastrin secretion:
 - Acid

- o Somatostatin*.
- o Secretin*.
- o GIP.
- o VIP.
- o Glucagon.
- o Calcitonin
- **Actions:**
 - o Stimulation of **gastric acid and pepsin secretion**.
 - o Stimulation of the growth of the mucosa of GI tract (**Trophic action***).

Cholecystokinin

- Secreted by **I cells** in the **mucosa** of the **upper small intestine***.
- Also found in **nerves** in the **distal ileum, colon and brain**.
- Acts via **CCK-A receptor***.
- **Functions** of CCK:
 - o Gut-stimulation of **pancreatic enzyme secretion**.
 - o **Contraction of the gallbladder***.
 - o **Relaxation of the sphincter of Oddi**.
 - o Brain-regulation of **food intake**.
 - o Production of **anxiety and analgesia**.
- **Other actions:**
 - o Augments the action of **secretin**.
 - o **Inhibits gastric emptying**.
 - o Exerts a **trophic** effect on the **pancreas**.
 - o Increases the **synthesis of enterokinase**.
- Releasing factors that activate CCK secretion:
 - o CCK - releasing peptide (intestinal mucosa).
 - o Monitor peptide (Pancreas)
- **Stimuli that increase CCK secretion:**
 - o Peptides and amino acids.
 - o Fatty acids (more than 10 carbon atoms).

Ans: (c) Gastrin and CCK

Ref: Yamada's Textbook of Gastroenterology, 5th Edition, Page 284

5. Direction of sound is differentiated by:

- (a) Auditory cortex (b) Medial geniculate body
(c) Lateral geniculate body (d) Inferior colliculus

Explanation:**Central auditory pathway**

- Auditory pathway can be easily remembered with the help of a very familiar mnemonic "**E COLI MA**".

Structure	Characteristics
Eighth nerve	• Carries the afferent auditory information
Cochlear nuclei	• 95% of fibres in cochlear nuclei are myelinated fibres that receives input from inner hair cells • Small number (5%) of unmyelinated fibres receives input from outer hair cells
Superior Olivary nucleus	• Receives information from both the ears (bilateral) • Helps in localization of sound and the direction from which the sound comes • Also send efferent to outer hair cells in the form of olivocochlear bundle modulates the sensitivity of these hair cells and blocks background noise
Lateral lemniscus	• Project auditory information to inferior colliculus
Inferior colliculus	• All auditory pathways ascending through the brainstem converge in inferior colliculi • Helps in localization of sound and the direction from which the sound comes

Contd.

Contd.

Medial geniculate body	• Thalamic nuclei for hearing • Project to auditory cortex
Auditory cortex	• Location – Superior temporal gyrus of the temporal lobe • Also called as Heschl gyrus • Tonotopic organization – Low tones are represented anterolaterally and high tones posteromedially • Planum temporale – Part of auditory cortex involved in language related auditory processing. It is larger in the left hemisphere.

Ans: (d) Inferior colliculus

Ref: Kandel, Principle of Neural Sciences, 5th Edition, Page 697

6. A 60-year-old patient, known case of Hypertension for the past 25 years underwent renal artery doppler which showed narrowing and turbulence in right renal artery. If the diameter of lumen is reduced by 50%, how much blood flow will be reduced?

- (a) 1/4th (b) 1/8th (c) 1/16th (d) 1/32nd

Explanation:**Blood flow (F)**

- Blood flow (F) inside vessel depends on:
 - o **Pressure difference** ($P_A - P_V$) - Directly related*
 - o **Viscosity of the fluid** (η) - Inversely related*
 - Viscosity is a measure of fluid's resistance to flow.
 - A fluid with low viscosity flows easily such fluids are called **Newtonian fluid**. Example is **water***.
 - A fluid with high viscosity flows resist motion. Such fluids are called: Non-Newtonian fluid Example is **blood***.
 - o **Fahraeus-Lindqvist effect**– This effect is seen mainly in **capillaries** where RBCs flow in the center which leaves cell free plasma near the vessel wall. So, the viscosity change per unit change in hematocrit is much less in capillaries.
 - o **Radius of the vessel** (r) - directly related
 - o **Length of the vessel** (L) - inversely related
- Inter-relation of these factors are expressed in **Poiseuille-Hagen formula** which is:

$$F = \frac{(P_A - P_V) \cdot r^4}{8 L \eta}$$
- According to the above formula, blood flow is directly proportional to the **fourth power of radius***.
- So, if the radius is **halved**, then blood flow decreases by **2⁴ times** which is 16 times*.

Ans: (c) 1/16th

Ref: Ganong, 25th Edition, Page 573

7. PCO_2 at alveoli and expired air is 40 and 30 mm Hg respectively. Calculate dead space to tidal volume ratio.

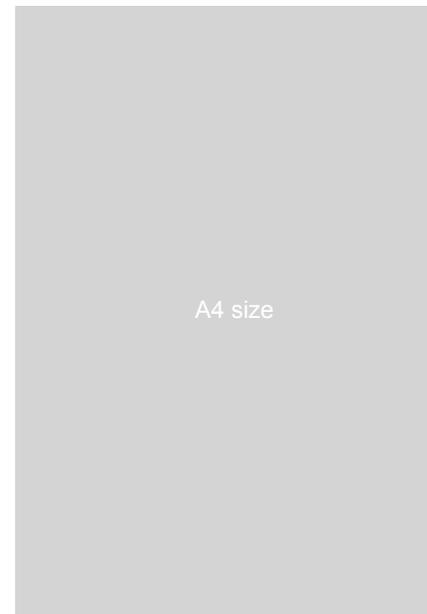
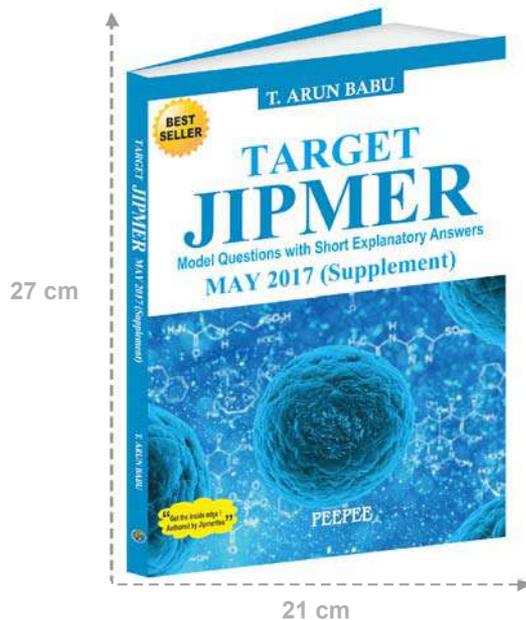
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Explanation:

Dead space to tidal volume ratio is calculated by PCO_2 of alveolar air – PCO_2 of expired air/ PCO_2 of alveolar air. This equation is called **Bohr's equation**.

$$\text{Dead space to tidal volume ratio} = \frac{PCO_2 \text{ of alveolar air} - PCO_2 \text{ of expired air}}{PCO_2 \text{ of alveolar air}}$$

- So, Here it is **40 – 30/40**, that comes around **0.25**.



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